



# SHOPPING LIST

## AVOCADO ZUCCHINI CARBONARA:

### Produce

- *Ripe Avocado - 2 medium*
- *Basil - ¼ cup of leaves*
- *Zucchini - 2 small*
- *Fresh Thyme (or Oregano) - 2 TBS or 2 tsp of dried*

### Dairy/Refrigerated

- *Parmesan cheese - 1 cup grated*
- *Egg - 1*

### Meat/Seafood

- *Bacon - 6 slices*

### Canned Goods/Grains/Staples

- *Pasta - Bucatini, spaghetti or linguini - 1 lb.*
- *Red Pepper Flakes - 1 tsp*
- *Salt & Pepper*