



SHOPPING LIST

PEANUTTY NOODLES WITH TEMPEH CRUMBLES:

Produce

- *Persian Cucumbers - 3 OR English Cucumber - 1*
- *Lime - 2*
- *Ginger - 1 ½" piece*
- *Garlic - 2 cloves*
- *Scallions - 2*
- *Cilantro - 5 sprigs*

Meat/Seafood

- *Tempeh or Beyond Meat Crumbles - 8 oz.*

Canned Goods/Grains/Staples

- *Neutral Oil - ¼ cup*
- *Creamy Peanut Butter - ½ cup*
- *Soy Sauce - 3 TBS*
- *Sriracha or Sambal Oelek - 1 TBS*
- *Honey - 2 tsp.*
- *Ramen Noodles or Thin Spaghetti - 10 oz*
- *Salt*