



SHOPPING LIST

VEGAN CHOCOLATE CHIA MOUSSE:

Produce

- *Optional berries for topping*

Dairy/Refrigerated

- *Almond milk - 2 ¼ cups*
- *Optional Greek yogurt - for topping*

Canned Goods/Grains/Staples

- *Chia seeds - ¾ cup*
- *Cacao powder or unsweetened cocoa powder - ½ cup*
- *Real maple syrup - 1/3 cup*
- *Vanilla - 1 tsp*
- *Flaky sea salt*